

Narrative Approaches to Supervision

Creating spaces that Re-invigorate Professional Identity

September 20 & 21 2018 with Sarah Atkinson & Rob Hall

LOCATION

Narrative Practices Adelaide,
NADA Counselling Service,
1 Mary Street, Hindmarsh, SA 5007
Ph: 8340 2240

DATES

20 & 21 September 2018, 9:30 to 4:30

COST

\$375.00

FURTHER INFORMATION

info@narrativepractices.com.au
www.narrativepractices.com.au

People connect to their work in professional and personal ways. At times challenging work can shake up our values and can confuse or demoralise. Narrative approaches to being a supervisor or receiving supervision stimulate conversations and practices that re-invigorate intentions and practices for the chosen field of work.

In this workshop, Sarah and Rob will draw on their work as practitioners and supervisors, their therapeutic approaches to mental health concerns and in response to violence, abuse and trauma.

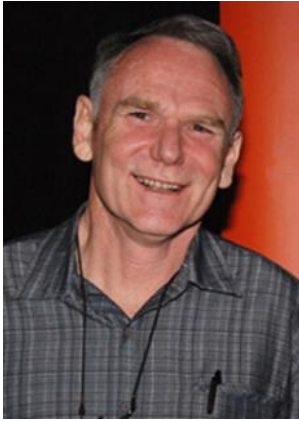
This workshop is best suited to those who are familiar with Narrative approaches.

Supervision takes many forms and it is not necessary to be in a supervisory relationship to engage with the content of this workshop.

This will be a small workshop and places are limited.

The workshop will cover:

- What potential Narrative supervision offers.
- What makes a worthwhile supervisory relationship.
- What are the values in Narrative Approaches that contribute to supervision.
- Naming the complexities of power in supervisory relationships and in our work.
- Consideration of professionalism in the work place and the role of supervision.
- Practices that enhance personal agency and professional identity.
- Client story and personal story and the dilemmas when they intertwine.
- Negotiating the supervisory relationship
- Complex and competing confidentiality
- The supervisory parallel journey connecting with non-colonising practices.
- Exploring documentation of preferred identity
- Creating audience for re-invigoration of professional identity.



Rob Hall

Rob has been working in the area of violence and abuse since he qualified as a social worker in 1980. He initially worked in an emergency counselling service, where the team approach included inviting men to take responsibility for their violence to help ensure the safety and well being of those they had abused. He later joined a colleague, Alan Jenkins, in work related to sexual abuse and assault. Together with Maxine Joy, Alison Newton and Penny Roughan they formed Nada, a place that counsellors can work from.

Shona Russell , Maggie Carey and Rob formed Narrative Practices Adelaide in 2008 to further development and training in Narrative Therapy, just after our associate, Michael White ,died. Rob continues to seek approaches to counselling that promote personal agency and foster the development of a preferred ways of living that include consideration of others, particularly the vulnerable. He appreciates that counselling about abuse takes courage and involves undertaking a personal ethical journey. He considers that abuse takes many forms, in a range of relationships; including personal, home and workplace. It occurs in a political context and being accountable challenges that context.

Rob provides training and therapy for general concerns, for those who have abused, those subjected to abuse and those who have experienced trauma. He has continually provided supervision to colleagues from his first work in 1980.

Sarah Atkinson



Sarah is an emerging Narrative practitioner with a Social Work background who has been working in the Mental Health System for the past three years. She has a strong interest in trauma and the impacts it has in people's lives and particularly the link between trauma and people's mental and emotional wellbeing.

Sarah is interested in exploring the impact on people's sense of wellbeing when they are given a diagnosis by the psychiatric system, and how to develop stories of people's own know-how about their mental health, that can then contribute to an experience of agency in life.

Along with a solid Narrative foundation to her practice, Sarah has been working with the Hearing Voices approach for the past two years. She has also been attended training in the Open Dialogue approach and is interested in finding places where this approach can be used in responding to people in crisis situations. The importance of supporting people to connect with their own networks, and to have the opportunity for acknowledgement of their developing preferred stories, has stood out to Sarah as crucial in challenging the isolation that can come from any experience of trauma.

REGISTRATION FORM

**Narrative Approaches to Supervision:
Creating Spaces that Re-invigorate professional
Identity:** September 20 & 21 2018

Narrative Practices Adelaide,
NADA Counselling Service, 1 Mary Street,
Hindmarsh, SA 5007. Ph: 8340 2240

Cost: \$375.00 (A non refundable deposit of \$50 is
required with registration)

A minimum number of participants is required to run
this course. We will advise when this workshop is
definitely confirmed. Please ensure that travel
bookings made prior to final course confirmation
are fully refundable.

Indicate your payment method:

- Cheque
- Electronic transfer to NPA account
- My work will be paying for me.

*Please Note: We are not able to accept
payment by Credit Card.*

- I require a Tax Invoice before
payment can be made

Name: _____

Address: _____

Organisation: _____

Email: _____

Phone: Business hrs: () _____

After hours/mobile: () _____

Cheques payable to:

Narrative Journeys

Post to:

Narrative Practices Adelaide, PO Box 137,
Hindmarsh, SA 5007.

Electronic Funds Transfer to our account:

Commonwealth Bank. BSB: 062-692

Ac. Name: Narrative Journeys

Ac. Number: 3229 1734

Please note: Our banking details have recently
changed. Please do not use previous information.

Please return this completed registration
form to:

info@narrativepractices.com.au

For further information, please contact us
at the above email address

Or visit our website at:

www.narrativepractices.com.au