

# Extending Narrative Practice Level Two Intensive with Terry Callahan

## LOCATION

Narrative Practices Adelaide,  
NADA Counselling Service,  
1 Mary St, Hindmarsh 5007  
Ph: 8340 2240

## DATES

September 17—21 2018

## COST

\$850.00

## FURTHER INFORMATION

[info@narrativepractices.com.au](mailto:info@narrativepractices.com.au)  
[www.narrativepractices.com.au](http://www.narrativepractices.com.au)

**The focus of the intensive will be on the development of skills applicable in work with individuals and families. The teaching methodology will include live stop-start interviews, review of therapeutic conversations/transcripts, sharing stories of work, gaining experience through structured exercises, descriptions of specific maps of narrative practice and group discussion. We hope to create a rigorous and lively learning experience where participants can further develop their ideas and skills in collaboration with others.**

*An opportunity to refresh your narrative approach, this 5 day intensive workshop opens up space for participants to extend on ideas and practices of narrative therapy they have gained through previous training. The particular interests of participants will actively shape the agenda of the intensive. There will be ongoing exploration of the skills of narrative therapy including:*

- Engaging with the metaphor of landscape to support story development and as a review of the maps of narrative practice.
- Extending on the skill of 'scaffolding' in our enquiry.
- Exploring the 'absent but implicit' as a response to what has been problematic, and scaffolding this as an action.
- Using narrative practice to respond to experiences of trauma.
- Narrative approaches to experiences of 'failure'.
- Drawing upon some recent developments in neuroscience (and in particular the neuroscience of emotion) to support our practice.
- Re-visiting the 'journey' metaphor as a way of framing our conversations.



**Terry Callahan** has worked in non-government community settings in Melbourne and Adelaide for more than ten years, attending to a wide range of counselling needs, including depression, anxiety, work-related stress, and responding in particular to community concerns about violence in families and relationships. He has engaged over the years with community education for peace, small communities development, and collaborative work with writers, artists and actors to bring forward the stories of persons marginalised in our society.

His ongoing independent therapeutic work focuses on respectful and accountable ways of assisting men to address their use of tactics of violence, abuse and control in their relationships with partners, ex-partners and children. He is also interested in assisting those suffering the ongoing effects of violence and trauma.

**Narrative Practices Adelaide** is a small, vibrant centre committed to a collaborative approach to practicing and teaching narrative therapy. It's directors are Maggie Carey, Shona Russell and Rob Hall.

Maggie, Shona and Rob have been involved in the teaching of narrative therapy and community work for many years, both in Australia and internationally.

**NPA** has its history based in the **Adelaide Narrative Therapy Centre**, which was established by Michael White in January 2008, a few months before his sad and untimely death.

From its inception Maggie, Rob and Shona joined Michael in the formation and early development of **ANTC**, and after his death they formed **Narrative Practices Adelaide** to continue this work.

Terry Callahan joined **Narrative Practices Adelaide** in 2013 as a counsellor and trainer.

## **WHAT IS NARRATIVE THERAPY AND WHAT DOES IT OFFER?**

Narrative therapy is guided by a number of foundational assumptions, including that:

- Our lives are shaped by the stories we create about them.
- Problems are not internal manifestations of a person's identity. They develop over time, often influenced by broader relations of power, such as class, culture, race, gender, and sexual identity.

The aim of narrative therapy is to help people realise that they and the problem are *not* the same thing, and to enter into a collaborative process, through which those stories which sustain problems can be exposed, and alternative, preferred stories can be identified and strengthened.

Narrative practices are far more than simply therapy 'techniques' and it takes time, practice and rigour to become adept at using them in real situations. When we first begin to engage with narrative approaches, the implications of these new ways of thinking can take a bit of getting used to. For many of us it has represented a very different way of looking at our own lives as well as the lives of those with whom we work.

Many counsellors and therapists have found that this way of approaching problems can reinvigorate their work, and provide new hope in very difficult situations. Narrative therapy gives us an alternative

# REGISTRATION FORM

## Extending Narrative Practice

### Level 2 Intensive

September 17—21 2018

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Hindmarsh, SA 5007. Ph: 8340 2240

Cost: \$850.00 (A non refundable deposit of \$50 is  
required with registration)

A minimum number of participants is required to run  
this course. We will advise when this workshop is  
definitely confirmed. Please ensure that travel  
bookings made prior to final course confirmation  
are fully refundable.

## Indicate your payment method:

- Cheque
- Electronic transfer to NPA account
- My work will be paying for me.

*Please Note: We are not able to accept  
payment by Credit Card.*

- I require a Tax Invoice before  
payment can be made

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Organisation: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: Business hrs: ( ) \_\_\_\_\_

After hours/mobile: ( ) \_\_\_\_\_

### Cheques payable to:

Narrative Journeys

### Post to:

Narrative Practices Adelaide, PO Box 137,  
Hindmarsh, SA 5007.

### Electronic Funds Transfer to our account:

Commonwealth Bank. BSB: 062-692

Ac. Name: Narrative Journeys

Ac. Number: 3229 1734

**Please note: Our banking details have recently  
changed. Please do not use previous information.**

Please return this completed registration  
form to:

[info@narrativepractices.com.au](mailto:info@narrativepractices.com.au)

For further information, please contact us  
at the above email address

Or visit our website at:

[www.narrativepractices.com.au](http://www.narrativepractices.com.au)