

Introduction to Narrative Practice Level One Intensive with Terry Callahan

LOCATION

Narrative Practices Adelaide,
NADA Counselling Service,
1 Mary St, Hindmarsh 5007
Ph: 8340 2240

DATES

3—7 April 2017

COST

\$850.00

FURTHER INFORMATION

info@narrativepractices.com.au
www.narrativepractices.com.au

This intensive workshop will offer participants a thorough immersion in the central practices of narrative therapy, including application of the micro maps of narrative practice as described by Michael White.

Terry will use illustrations from his own work along with structured exercises and group discussion.

The emphasis will be on developing skills in using the narrative approach and understanding how this might apply in a variety of settings.

An energetic and rigorous introduction to Narrative Practice, that will leave participants keen to explore more. All of the central practices of the narrative approach (as described by Michael White) will be explored, along with an accessible introduction to the thinking that informs the practice. This introduction is relevant for a range of contexts, including counselling, groups and communities.

The course will include explorations of:

- Key ideas of narrative therapy
- Locating narrative therapy in a context
- The narrative metaphor and how stories shape us
- A review of the micro maps of narrative therapy
- The role of externalising conversations with individuals, families and groups
- Re- Authoring conversations through rich story development
- Intentional understandings of identity
- Creating an audience for preferred story development
- The narrative approach in work with individuals, families, groups and communities.



Terry Callahan has worked in non-government community settings in Melbourne and Adelaide for more than ten years, attending to a wide range of counselling needs, including depression, anxiety, work-related stress, and responding in particular to community concerns about violence in families and relationships. He has engaged over the years with community education for peace, small communities development, and collaborative work with writers, artists and actors to bring forward the stories of persons marginalised in our society.

His ongoing independent therapeutic work focuses on respectful and accountable ways of assisting men to address their use of tactics of violence, abuse and control in their relationships with partners, ex-partners and children. He is also interested in assisting those suffering the ongoing effects of violence and trauma.

Narrative Practices Adelaide is a small, vibrant centre committed to a collaborative approach to practicing and teaching narrative therapy. It's directors are Maggie Carey, Shona Russell and Rob Hall.

Maggie, Shona and Rob have been involved in the teaching of narrative therapy and community work for many years, both in Australia and internationally.

NPA has its history based in the **Adelaide Narrative Therapy Centre**, which was established by Michael White in January 2008, a few months before his sad and untimely death.

From its inception Maggie, Rob and Shona joined Michael in the formation and early development of **ANTC**, and after his death they formed **Narrative Practices Adelaide** to continue this work.

Terry Callahan joined **Narrative Practices Adelaide** in 2013 as a counsellor and trainer.

WHAT IS NARRATIVE THERAPY AND WHAT DOES IT OFFER?

Narrative therapy is guided by a number of foundational assumptions, including that:

- Our lives are shaped by the stories we create about them.
- Problems are not internal manifestations of a person's identity. They develop over time, often influenced by broader relations of power, such as class, culture, race, gender, and sexual identity.

The aim of narrative therapy is to help people realise that they and the problem are *not* the same thing, and to enter into a collaborative process, through which those stories which sustain problems can be exposed, and alternative, preferred stories can be identified and strengthened.

Narrative practices are far more than simply therapy 'techniques' and it takes time, practice and rigour to become adept at using them in real situations. When we first begin to engage with narrative approaches, the implications of these new ways of thinking can take a bit of getting used to. For many of us it has represented a very different way of looking at our own lives as well as the lives of those with whom we work.

Many counsellors and therapists have found that this way of approaching problems can reinvigorate their work, and provide new hope in very difficult situations. Narrative therapy gives us an alternative

REGISTRATION FORM

Introduction to Narrative Practice Level 1 Intensive

Dates: 3-7 April 2017

Location: NPA, 1 Mary St, Hindmarsh 5007

Cost: \$850.00

A non refundable deposit of \$50 is required with registration)

A minimum number of participants is required to run this course. Bookings will remain open until 13 March 2017.

Please ensure that travel bookings made prior to final course confirmation are fully refundable.

Indicate your payment method:

- Cheque
- Electronic transfer to NPA account
- My work will be paying for me.

Please Note: We are not able to accept payment by Credit Card.

- I require a Tax Invoice before payment can be made

Name: _____

Address: _____

Organisation: _____

Email: _____

Phone: Business hrs: () _____

After hours/mobile: () _____

Cheques payable to:

Narrative Teaching Partnership

Post to:

Narrative Practices Adelaide, PO Box 137,
Hindmarsh, SA 5007.

Electronic Funds Transfer to our account:

Bank: ANZ, 185 Hutt St. BSB: 015-056
Ac. Name: Narrative Teaching Partnership
Ac. Number: 4916 80417

NPA is not required to charge GST for this workshop.

Please return this completed registration form to:

info@narrativepractices.com.au

For further information, please contact us at the above email address

Or visit our website at:

www.narrativepractices.com.au