

Narrative Therapy with Children, Young People & Families

Connectedness, Dignity and Agency

2 Day Workshop with Lisa Johnson

LOCATION

Narrative Practices Adelaide,
1 Mary St, Hindmarsh 5007
Ph: 8340 2240

DATES

July 12 & 13 2016

COST

\$350.00 (If more than 2 from your organisation wish to attend together we are happy to negotiate a reduced rate.)

FURTHER INFORMATION

info@narrativepractices.com.au
www.narrativepractices.com.au

A 2 day workshop for psychologists, social workers, volunteers, counsellors, mentors, advocates, community and allied health care workers, case-workers, special educators and teachers.

Narrative therapy is a respectful, engaging, and playful way to work with children and families who are responding to problems in life.

Lisa Johnson has a particular interest in working with schools and with young people responding to experiences of disability.

Narrative practices can be used to support children and families to be the "primary voice" in their stories and lives, assisting them to reduce the influence of marginalisation and problems.

Are you interested in finding playful and everyday ways of...

- Getting to know children as more than the problems that vulnerability can bring about.
- Helping children and young people to unearth stories of their unique abilities, skills and knowledges that can otherwise remain hidden or ignored.
- Supporting children and their families to re-claim authorship of their own lives in the face of vulnerability, and to take steps toward their hopes and dreams.
- Actively developing opportunities for children to be meaningfully connected with others, especially those in circumstances isolation.

This two-day workshop will present some key ideas and specific practices in Narrative Therapy. There will be opportunities to see these ideas in action with examples of our work with children and their communities. There will also be space for discussion to support your thinking around how these ideas and practices may fit and build upon the work you are already doing, or hope to do.



Lisa Johnson is a psychologist and teacher with a passionate interest in helping to uncover people's own knowledge and skills.

This passion has been fired by conversations

Lisa has had particularly with children and young people, across a range of settings. This has included work within Juvenile Justice and Alternative Care Programs, within state and private school settings, and within shelters for women and children escaping family violence.

Today Lisa continues to work from within a school community in Adelaide, alongside private consulting, publishing and teaching.

Lisa has a particular interest in supporting people responding to experiences of disability and neurodiversity.

Narrative Practices Adelaide is a small, vibrant centre committed to a collaborative approach to practicing and teaching narrative therapy. It's directors are Maggie Carey, Shona Russell and Rob Hall.

Maggie, Shona and Rob have been involved in the teaching of narrative therapy and community work for many years, both in Australia and internationally.

NPA has its history based in the **Adelaide Narrative Therapy Centre**, which was established by Michael White in January 2008, a few months before his sad and untimely death.

From its inception Maggie, Rob and Shona joined Michael in the formation and early development of **ANTC**, and after his death they formed **Narrative Practices Adelaide** to continue this work.

Lisa Johnson joined the teaching faculty of **Narrative Practices Adelaide** in 2013.

WHAT IS NARRATIVE THERAPY AND WHAT DOES IT OFFER?

Narrative therapy is guided by a number of foundational assumptions, including that:

- Our lives are shaped by the stories we create about them.
- Problems are not internal manifestations of a person's identity. They develop over time, often influenced by broader relations of power, such as class, culture, race, gender, and sexual identity.

The aim of narrative therapy is to help people realise that they and the problem are *not* the same thing, and to enter into a collaborative process, through which those stories which sustain problems can be exposed, and alternative, preferred stories can be identified and strengthened.

Narrative practices are far more than simply therapy 'techniques' and it takes time, practice and rigour to become adept at using them in real situations. When we first begin to engage with narrative approaches, the implications of these new ways of thinking can take a bit of getting used to. For many of us it has represented a very different way of looking at our own lives as well as the lives of those with whom we work.

Many counsellors and therapists have found that this way of approaching problems can reinvigorate their work, and provide new hope in very difficult situations. Narrative therapy gives us an alternative to blaming people for the problems they are experiencing. We can instead form respectful relationships with those who seek our help, working collaboratively to uncover the tactics of problems in their lives, and discovering ways to reduce their influence. This can be a wonderful, even joyful process!

REGISTRATION FORM

Narrative Therapy with Children, Young People and Families:

Connectedness, Dignity & Agency

With Lisa Johnson—July 12 & 13 2016

1 Mary St, Hindmarsh 5007, Ph. 8340 2240

Cost: \$350.00 (A non refundable deposit of \$50 is required with registration)

If more than 2 from your organisation wish to attend together we are happy to negotiate a reduced rate.

A minimum number of participants is required to run this Course. Course bookings will remain open until 21 June 2016. Please ensure that travel bookings made prior to this date are fully refundable.

Indicate your payment method:

- Cheque
- Electronic transfer to NPA account
- My work will be paying for me.

Please Note: We are not able to accept payment by Credit Card.

- I require a Tax Invoice before payment can be made

Name: _____

Address: _____

Organisation: _____

Email: _____

Phone: Business hrs: () _____

After hours/mobile: () _____

Cheques payable to:

Narrative Teaching Partnership

Post to:

Narrative Practices Adelaide, PO Box 137,
Hindmarsh, SA 5007.

Electronic Funds Transfer to our account:

Bank: ANZ, 185 Hutt St. BSB: 015-056
Ac. Name: Narrative Teaching Partnership
Ac. Number: 4916 80417

NPA is not required to charge GST for this workshop.

Please return this completed registration form to:

info@narrativepractices.com.au

For further information, please contact us at the above email address

Or visit our website at:

www.narrativepractices.com.au